



Organic Way of Skincare **SERVICE GUIDE**

- For Men
- Anti-aging
- For Acne
- Body Treatments
- Customizable Facial



WAY Biodynamic Facial

Just for Men

Products/Supplies Needed:

Perfect Skin Cleansing Cream
Purifying Rice Wax
Amazonian Control Clay
Fabulous Body Oil
Radiant Face Balm
3 warm & wet Towels
Facial Brush

Regenerating Booster
Tone and Lift Booster
Replumping Booster
Velvet Body Fluid
Amazonian Control Clay
De-stress Tonic in spray bottle
Tray or Cart for products

Nota & Aroma
Boho Pomade
Bio Rich Water
Remedy Hand Balm
Wooden Application Kit
Steeped pot of Aroma Tea
Soothing Remedy

Consultation:

Invite your guest into your facial space to sit and enjoy a cup of fresh brewed Aroma Tea with you. Discuss their facial expectations, daily routine and areas of concern. Concluding this consultation, invite your guest to change into their robe as you exit the room.

Note: The peppermint in the Aroma tea ensures fresh breath while doing your facial for the both of you 😊

Analyze:

Begin your facial by analyzing your guest's skin under a Mag Light.
Introduce the soothing scent of Bio Rich Water by misting it over your guests face.

Massage:

Place a drop of Nota on each of your wrists and introduce touch with a relaxing cranial massage. Ask your guest to take a few deep breaths to enjoy the relaxing blend of the essential oils of Nota.
Note: This is a great time for you to determine what products you will use based on your analysis.

Cleanse:

Using the Perfect Skin Cleansing Cream, cleanse the guests face twice with steam.

Beard Bath:

Cleanse your guest's facial hair with Detox Body Bath.

Exfoliate:

Mist the guests face with the De-Stress Tonic (toner). Next, moisten your hands and add ½ tsp of Purifying Rice Wax. Gently exfoliate your guests skin using a massaging circular motion. Remove with a warm wet towel.

Tone:

Mist the guests face again with the De-stress Tonic.



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Mask:

In your wooden bowl, add 1 ½ tsp of Bio-with 3-4 drops of Fabulous Body Oil. Mix together using mortar. Apply to guest's face with a facial brush and let sit for 7-10 minutes.

** While the mask is setting, you may massage Boho Pomade into your guests facial hair. This will soften the hair and give a healthy, shiny appearance. Next, perform a decollete and shoulder massage using the Velvet Body Fluid and a few drops of Ultra Rich Body Fluid. Followed by a relaxing hand massage while using the Remedy Hand Balm. Then, remove the facial mask with a warm wet towel. **

Tone and Seal:

Mist the guests face again, first toning with the De-stress Tonic, and then sealing the toner in with a refreshing mist of Bio Rich Water.

Spot Treat:

For problematic areas, you may want to use the Soothing Remedy as a spot treatment. This will calm and soothe red aggravated areas.

Serum:

You may use 2 drops of the Regenerating Booster and 2 drops of the Replumping Booster mixed with a small amount of Radiant Face Balm as your serum. Place on each cheek, forehead and chin.

Moisturize:

Using a small amount of the Radiant Face Balm, gently massage over entire face, also working in the Regenerating Booster previously applied.

Eyes:

Using the Tone and Lift Booster, mix one drop with a very small amount of Radiant Face Balm and your ring fingers apply to the under eye with an inward motion towards the tear duct. As a finishing touch, walk each finger gently around the eye.



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Anti-Aging

Products/Supplies Needed:

Perfect Skin Cleansing Cream	Regenerating Booster	Nota
Purifying Rice Wax	Tone and Lift Booster	Aroma
Soothing Remedy	Replumping Booster	Bio Rich Water
Fabulous Body Oil	Velvet Body Fluid	Remedy Hand Balm
Radiant Face Balm	Hyalominerals	Wooden Application Kit
3 warm & wet Towels	De-stress Tonic in spray bottle	Steeped pot of Aroma Tea
Facial Brush	Tray or Cart for products	

Consultation:

Invite your guest into your facial space to sit and enjoy a cup of fresh brewed Aroma Tea with you. Discuss their facial expectations, daily routine and areas of concern. Concluding this consultation, invite your guest to change into their robe as you exit the room.

Note: The peppermint in the Aroma tea ensures fresh breath while doing your facial for the both of you 😊

Analyze:

Begin your facial by analyzing your guest's skin under a Mag Light. Introduce the soothing scent of Bio Rich Water by misting it over your guests face.

Massage:

Place a drop of Nota on each of your wrists and introduce touch with a relaxing cranial massage. Ask your guest to take a few deep breaths to enjoy the relaxing blend of the essential oils of Nota.
Note: This is a great time for you to determine what products you will use based on your analysis.

Cleanse:

Using the Perfect Skin Cleansing Cream, cleanse the guests face twice with steam.

Exfoliate:

Mist the guests face with the De-Stress Tonic (toner). Next, moisten your hands and add ½ tsp of Purifying Rice Wax. Gently exfoliate your guest's skin using a massaging circular motion. Remove with a warm wet towel.

Tone:

Mist the guests face again with the De-stress Tonic.

Mask:

In your wooden bowl, add 1 ½ tsp of Helichrysum with 3-4 drops of Fabulous Body Oil. Mix together using mortar. Apply o guest's face with a facial brush and let sit for 7-10 minutes.



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** While the mask is setting, you may perform a décollete and shoulder massage using the Velvet Body Fluid and a few drops of Ultra Rich Body Fluid. Next, perform a relaxing hand massage while using the Remedy Hand Balm. Then, remove the facial mask with a warm wet towel. **

Tone and Seal:

Mist the guests face again, first toning with the De-stress Tonic, and then sealing the toner in with a refreshing mist of Bio Rich Water.

Spot Treat:

For problematic areas, you may want to use the Soothing Remedy as a spot treatment. This will calm and sooth red aggravated areas.

Serum:

You may use 2 drops of the Regenerating Booster and 2 drops of the Replumping Booster mixed with a small amount of Radiant Face Balm as your serum. Place on each cheek, forehead and chin.

Moisturize:

Using 1tsp of the Radiant Face Balm and 15 drops of the Hyalominerals, gently massage over entire face. Be sure to spread product evenly in a gentle massaging motion over the entire face.

Hyalominerals have antioxidants, anti-irritants and amino acids. It also has Hydrolyzed Glycosaminoglycans to increase elasticity as well as Hyaluronic Acid to retain moisture to strengthen the skins barrier and lastly, Arginine to help rebuild collagen.

Eyes:

Using the Tone and Lift Booster, mix one drop with a very small amount of Radiant Face Balm and your ring fingers apply to the under eye with an inward motion towards the tear duct. As a finishing touch, walk each finger gently around the eye.



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WAY Biodynamic Facial

Acne Prone Skin

Products/Supplies Needed:

Perfect Skin Cleansing Cream	Regenerating Booster	Nota
Purifying Rice Wax	Tone and Lift Booster	Aroma
Amazonian Control Clay	Replumping Booster	Bio Rich Water
Detox Body Bath	Velvet Body Fluid	Remedy Hand Balm
Radiant Face Balm	Sage	Wooden Application Kit
3 warm & wet Towels	De-stress Tonic in spray bottle	Steeped pot of Aroma Tea
Facial Brush	Tray or Cart for products	Soothing Remedy

Consultation:

Invite your guest into your facial space to sit and enjoy a cup of fresh brewed Aroma Tea with you. Discuss their facial expectations, daily routine and areas of concern. Concluding this consultation, invite your guest to change into their robe as you exit the room.

Note: The peppermint in the Aroma tea ensures fresh breath while doing your facial for the both of you 😊

Analyze:

Begin your facial by analyzing your guests skin under a Mag Light.

Introduce the soothing scent of Bio Rich Water by misting it over your guests face.

Massage:

Place a drop of Nota on each of your wrists and introduce touch with a relaxing cranial massage.

Ask your guest to take a few deep breaths to enjoy the relaxing blend of the essential oils of Nota.

Note: This is a great time for you to determine what products you will use based on your analysis.

Cleanse:

For your first cleanse, you may use the Perfect Skin Cleansing Cream with steam to remove any make-up.

Cleanse 2:

For your second cleanse, you may use the Detox Body Bath for a more effective clean feeling cleanse.

Exfoliate:

Mist the guests face with the De-Stress Tonic (toner). Next, moisten your hands and add ½ tsp of Purifying Rice Wax. Gently exfoliate your guests skin using a massaging circular motion. Remove with a warm wet towel.

Extract:



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Now that your guest's pores are open and all debris has been cleansed out, you may extract using either your fingers or your extracting tool. Once you have extracted, go over each affected area with your facial vacuum.

Tone:

Mist the guests face again with the De-stress Tonic.

Mask:

In your wooden bowl, add 1 tsp of Sage with 1 ½ tsp of Amazonian Control Clay. Mix together using mortar. Once the mask is applied, go over our guests face with the High Frequency light. (The High Frequency light kills any remaining bacteria in the pores.) Let the mask sit for 7-10 minutes.

** While the mask is setting, you may perform a décollete and shoulder massage using the Velvet Body Fluid and a few drops of Ultra Rich Body Fluid. Next, perform a relaxing hand massage while using the Remedy Hand Balm. Then, remove the facial mask with a warm wet towel. **

Tone and Seal:

Mist the guests face again, first toning with the De-stress Tonic, and then sealing the toner in with a refreshing mist of Bio Rich Water.

Spot Treat:

For problematic areas, you may want to use the Soothing Remedy as a spot treatment. This will calm and soothe red aggravated areas.

Serum:

You may use 2 drops of the Regenerating Booster and 2 drops of the Replumping Booster mixed with a small amount of Radiant Face Balm as your serum. Place on each cheek, forehead and chin.

Moisturize:

Using a small amount of the Radiant Face Balm, gently massage over entire face, also working in the Regenerating Booster previously applied.

Eyes:

Using the Tone and Lift Booster, mix one drop with a very small amount of Radiant Face Balm and your ring fingers apply to the under eye with an inward motion towards the tear duct. As a finishing touch, walk each finger gently around the eye.



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Customizable Facial Protocol

Products/Supplies Needed:

Perfect Skin Cleansing Cream	Regenerating Booster	Nota
Purifying Rice Wax	Replumping Booster	Aroma
Amazonian Control Clay	Soothing Remedy	Bio Rich Water
Zanthoxylum Soothing Gel	Velvet Body Fluid	Remedy Hand Balm
Radiant Face Balm	Sage, Thyme, Helichrysum	Wooden Application Kit
3 warm & wet Towels	De-stress Tonic in spray bottle	Steeped pot of Aroma Tea
Facial Brush	Tray or Cart for products	

Consultation:

Invite your guest into your facial space to sit and enjoy a cup of fresh brewed Aroma Tea with you. Discuss their facial expectations, daily routine and areas of concern. Concluding this consultation, invite your guest to change into their robe as you exit the room. *Note: The peppermint in the Aroma tea ensures fresh breath while doing your facial for the both of you 😊*

Analyze:

Begin your facial by analyzing your guest's skin under a Mag Light. Introduce the soothing scent of Bio Rich Water by misting it over your guests face.

Massage:

Place a drop of Nota on each of your wrists and introduce touch with a relaxing cranial massage. Ask your guest to take a few deep breaths to enjoy the relaxing blend of the essential oils of Nota. *Note: This is a great time for you to determine what products you will use based on your analysis.*

Cleanse:

Using the Perfect Skin Cleansing Cream, cleanse the guests face twice with steam.

Exfoliate:

Mist the guests face with the De-Stress Tonic (toner). Next, moisten your hands and add ½ tsp of Purifying Rice Wax. Gently exfoliate your guest's skin using a massaging circular motion. Remove with a warm wet towel.

Tone:

Mist the guests face again with the De-stress Tonic.

Mask:

Create a custom biodynamic mask for your guest and apply to the face with a facial brush. Let mask sit for 7-10minutes.

** While the mask is setting, you may perform a decollete and shoulder massage using the Velvet Body Fluid and a few drops of Ultra Rich Body Fluid. Next, perform a relaxing hand massage while using the Remedy Hand Balm. Then, remove the facial mask with a warm wet towel. **



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Tone and Seal:

Mist the guests face again, first toning with the De-stress Tonic, and then sealing the toner in with a refreshing mist of Bio Rich Water.

Spot Treat:

For problematic areas, you may want to use the Soothing Remedy as a spot treatment. This will calm and sooth red aggravated areas.

Serum:

You may use the Regenerating Booster as your serum. Place one drop on each cheek, forehead and chin.

Moisturize:

Using a small amount of the Radiant Face Balm, gently massage over entire face, also working in the Regenerating Booster previously applied.

Eyes:

Using the Re-plumping Booster, mix one drop with a very small amount of Radiant Face Balm and your ring fingers apply to the under eye with an inward motion towards the tear duct. As a finishing touch, walk each finger gently around the eye.

Custom Mask Recipes:

Mature Skin (Fine Lines/wrinkles)	1 scoop Helichrysum (soothing, repairing, healing, protects against free radicals)	1 ½ tsp Amazonian Control Clay (detoxifying, re-mineralizing, re-vitalizing)	3 drops Re-plumping Booster
Dry Skin (with or w/o acne)	1 scoop Thyme (relieves itching, burning, anti-irritant, anti-microbial, invigorates blood circulation)	1tsp Zanthoxylum Soothing Gel (moisturizing)	3 drops Re-plumping Booster
Oily Skin (with or w/o acne) Anti-aging	1 scoop Sage (anti-septic, anti-microbial, anti-inflammatory, anti-oxidant/phenols)	1 ½ tsp Amazonian Control Clay (detoxifying, re-mineralizing, re-vitalizing)	3 drops Re-plumping Booster
Sensitive Skin (redness/scars)	1 scoop Helichrysum (soothing, repairing, healing, protects against free radicals)	1tsp Zanthoxylum Soothing Gel (moisturizing)	3 drops Re-plumping Booster



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Body Treatment

Products/Supplies Needed:

Detox Body Bath	Slim and Shape Booster	Nota
Purifying Rice Wax	Tone and Lift Booster	Diffuser
Amazonian Control Clay	Soothing Remedy	Bio Rich Water
Facial Brush	Velvet Body Fluid	Remedy Hand Balm
Aroma	De-stress Tonic in spray bottle	Wooden Application Kit
4 warm & wet Towels	Tray or Cart for products	Steeped pot of Aroma Tea

**Optional items: eye mask, towel mitts, infrared sauna, shower*

Dry Room Preparation (15min):

Drape massage table with a plastic fitted sheet over a table warmer, then use a flat sheet and Mylar blanket, , then xlarge body towel. Wet 4 hand towels and mist with bio-rich water, place in towel warmer, and place large dry towels in warmer as well. (Double warmer is the best option) Dispense 50g of Purifying Rice Wax, 50g of Detox Body Bath, 50g of Amazonian Clay Mask, 50g of Fabulous Body Oil and 3-5 tablespoons of Velvet Body Fluid in small wooden bowls. Place a basket or hamper nearby to place towels in during service.

Client Preparation:

Invite your guest into your spa room where your guest can disrobe after you exit. Ask them to lay on the table face up and cover themselves with the towel. Encourage your guest to enjoy the scent of the nota diffusing in the room as you exit the room

Once your guest is ready to begin, ask them to close their eyes, then mist the bod with the Bio-rich Water. Move the towel to expose arms and legs as needed. (You may offer a breast drape if application to the stomach is desired.)

Mix 50g of Purifying Rice Wax with 50g of Detox Body Bath. Using our hands, spread a thin layer onto the guest's arms, décolleté, and legs. The motion of application should be a light touch followed by a vigorous scrubbing motion using the alms of the hands. Start at the top of the limb, spread the product down, and then vigorously scrub up and down each area. Ask your guest to cross their arms holding their towel in place and assist them in sitting up. While upright, apply product in the same manor to the back.



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While your guest is still upright, begin removing the product with warm wet towels. Remove from the back, then assist guest in laying back down. Now continue to remove the product from the rest of the areas using a warm wet towel. (Total towels used = 2)

Once all of the product is removed, replace the existing body towel with a warm dry body towel. Total time of exfoliation process: 15 min.

Mix 50g of Fabulous Body Oil and 50g of Amazonian Clay Mask. Apply a thin layer of the mixture to your guest's body using the body brush. **Remember to assist in sitting your guest upright to apply the product to the back.* The Amazonian Clay Mask will help detoxify their body. Once the product is applied to all areas of the body, have your guest lay down and proceed with the wrap. Wrap your guest in a combination of the sheet and Mylar blanket keeping the feet exposed. Leave the Amazonian Clay on for 10-15 minutes. (Note: If you have an infrared sauna, place your guest in the sauna to dry the clay and open the guests pores for the ultimate detoxing effect.) During this time, cover your guest's eyes with an eye mask or towel, and perform a scalp and foot massage with the Remedy Hand Balm.

**This is also a great time to steep Aroma tea for your guest to enjoy after the completion of the service.*

Unwrap your guest and begin to remove the produce using a warm wet towel, using compression movements to loosen the product for easy removal. Once your guest sits up to remove the product on the back, replace the towel they were laying on with your 3rd large towel from the warmer. (Note: if a shower is available, you may offer a warm robe to your guest and lead them to the shower to remove the product that way.)

After detoxing you will need to hydrate your guest's skin. Mix 3-5 tablespoons of the Velvet Body Fluid with 6 drops of either the Slim and Shape or the Tone and Lift Booster and apply all over your guests body in the same fashion. This will provide the necessary hydration and have an immediate anti-slackening effect. This application is a rapid application with medium pressure to ensure the product is absorbed. Once complete cover guest with the last large body towel.

Once the velvet body fluid has dried and been absorbed, allow your guest to have a moment of relaxation and meditation while sipping a fresh brewed cup of Aroma.

*Tip: For the best results, this wrap works well in a series. Rotate between the Slim and Shape Booster and the Tone and Lift Booster. Also, encourage at home use of both boosters in order to maximize effectiveness. Noticeable results after 28 days of continuous use twice per day.



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